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Longevity is a great gift of medical sciences and modern health care and since the benefit of longevity comes with specific mental health issues of the elderly, this book responds to the heightened need to understand and address the mental health challenges of the elderly. Longevity is a great gift of medical sciences and modern health care and since the benefit of longevity comes with specific mental health issues of the elderly, this book responds to the heightened need to understand and address the mental health challenges of the elderly. Mental Health and Illness of the Elderly (Mental Health and Illness Worldwide) This book consolidates current knowledge in the field and discusses psychiatric disorders among the elderly, while bridging the gap between clinical practice and the socio-cultural contexts. Mental Illness in the Elderly. Often going along with depression, anxiety is also one of the more prevalent mental health problems among the elderly. Anxiety disorders encompass a range of issues, from hoarding syndrome and obsessive-compulsive disorder to phobias and post-traumatic stress disorder (PTSD).