

Download How To Make A Boring Subject Interesting 52 Ways Even A Nerd Can Be Heard

2 How to Make a Boring Subject Interesting MARY POPPINS WAS RIGHT You Need at Least a Spoonful of Sugar to Make the Boring Stuff Go Down 115 23. Look for an oddity or humorous angle 119 24. Could I ask what sort of changes you've made those times when you've changed yourself to get people to like you? B/c it could be that when you do this complete personality overhaul, there's one or two things that are different in your behavior that are actually the things that make the difference in whether or not you can make friends, rather than just having a whole new personality. Words can make people fall in love, or put countries at war. Words can lift us up, and words can kill. When making positive changes in your life, one of the most important things you can do is make sure you're using words that serve your mission, instead of words that pull you, and others, down. Run. Run a lot. That's the answer I give to new runners when they ask me how to get better at running. When they ask how they'll ever be able to run a marathon or an ultra when it kills them to run six miles now, the answer is that simple.. It's like the 10,000 hour rule.