

# Download Guide For Crisis And Trauma Counseling

Trauma-Related Articles from Counseling Today. The resources in this section are articles from our member magazine, Counseling Today, and its companion website. These articles, written for a primary audience of counselors and mental health practitioners, cover an array of trauma related topics, including school shootings. HELPFUL COPING STRATEGIES ~ mobilize a support system – reach out and connect with others, especially those who may have shared the stressful event Posttraumatic Stress Disorder (PTSD) is a mental health problem that can occur after a traumatic event like war, assault, or disaster. PTSD treatment can help. Find handouts, apps, videos, and courses based on current research. This site provides educational resources for Veterans and also for health care providers, researchers, and the general public. Find Trauma and PTSD Therapists, Psychologists and Trauma and PTSD Counseling in Massachusetts, get help for Trauma and PTSD in Massachusetts, get help with Post-Traumatic Stress in Massachusetts.